



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Dear Parents,

YMCA Camp Campbell Gard works very hard at providing the best programming and retreat facilities in the area. Bed bug prevention is a core part of our efforts.

For this reason, we do the following things to ensure a clean facility.

- Prior to your arrival, the cabins are cleaned and inspected. Besides our cleaning process, a licensed exterminator inspects and sprays monthly.
- Before any group places items in cabins, their clothes and bedding are heated to ensure that any bed bugs brought into camp are eliminated.
- We require all packing be done in mesh or soft laundry style bags. Traditional style luggage is not permitted because it is difficult to adequately heat.
- **Toiletries and shoes** are to be packed separate in a zip lock or grocery plastic bag and will be taken to their cabin upon arrival.

Bags are then heated and delivered to the cabins.

We advise our guests and camper families to take a further step upon returning home but before taking your luggage into your house.

- Take your clothing/bedding directly from your vehicle to the washer and dryer (Two or three cycles in the dryer will reach the necessary heat level required to eliminate insects).  
(If time of year permits) Place your clothing/bedding in a black trash bag and place in the sun for a day or two and/or steam clean your items.

From our discussions with licensed professionals and others who are dealing with bed bugs, we believe heat is the best way to ensure bed bug elimination. For this reason, our cabins are heated on a rotating basis as an additional step.

We know these are not cure-all steps but we want to be as proactive as possible when dealing with the bed bug nuisance.

Sincerely,

**Pete Fasano**

**Executive Director**

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The Y: We're for youth development, healthy living and social responsibility.

**Camp will change your life if you let it.®**

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